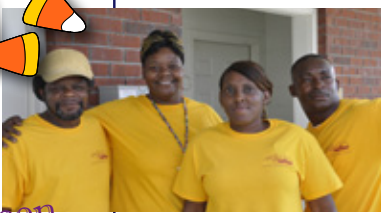
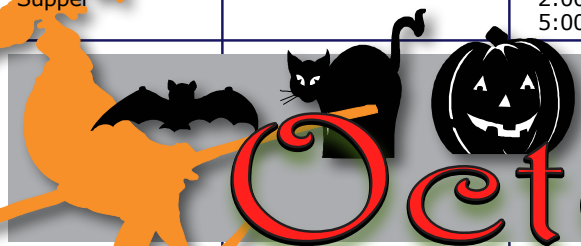


ARRINGTON

Assisted Living Community

(662) 241-0001
www.Plantation-Pointe.net

2013
Breast Cancer Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 6 8:00 -Sunday School 10:00 -First Baptist Church 12:00 -Lunch 2:00 -Church Service 5:00 -Supper	7 10:00 -Music w. Mordecai 12:00 -LUNCH 2:00 -TV Show 3:00 -Sit & Chat 5:00 -Supper	8 9:00 - Fall Outing Pumpkin Patch 12:00 -Lunch 2:00 -BINGO w/ Prizes 5:00 -Supper	9 8:30 -Pretty Nails 10:00 -Exercise w/ Ansel 12:00 -Lunch 1:00 - Ms. Vaughn 1:30 -Pretty Nails 2:00 -TV Show 5:00 -Supper	10 10:00 -ART Class w/ Mrs. Nan 12:00 - Happy B-Day Mrs. Reeder & Mrs. Pack 2:00 -Money BINGO \$\$\$ 3:00 -Lemonade 6:30 -Youth Mennonites	11 10:00 -Exercise w/ Betty 10:30 -Cookies & Lemonade 12:00 -Lunch 2:00 -WORD Search 5:00 -Supper	12 9:30 -Exercise w/ Betty 10:30 -Cookies & Lemonade 12:00 -Lunch 1:30 -BINGO w/ Snacks 3:00 -Lemonade 5:00 -Supper
13 8:00 -Sunday School 10:00 -First Baptist Church 12:00 - Happy B-Day Mr. O'Mary 2:00 -Church Service 5:00 -Supper	14 Columbus Day 10:00 -The Price Is Right 12:00 -Lunch 2:00 -TV Show 3:00 -Sit & Chat 5:00 -Supper	15 10:00 -Church of Christ 10:15 -Exercise w/ Marie 12:00 - Happy B-Day Mr. Artz 2:30 -WORDgame 3:00 + POPCORN 5:00 -Supper	16 8:30 -Pretty Nails 10:00 -Exercise w/ Ansel 12:00 - Happy B-Day Mr. Tilley 1:00 - Ms. Vaughn 1:30 -Pretty Nails 2:00 -TV Show 5:00 -Supper	17 10:00 -ART Class w/ Mrs. Nan 12:00 -Lunch 2:00 -Money BINGO \$\$\$ 3:00 -Lemonade 5:00 -Supper	18 10:00 - The Senior Band 10:30 -Cookies & Lemonade 12:00 -Lunch 2:00 -WORD Search 5:00 -Supper	19 9:30 -Exercise w/ Betty 10:30 -Cookies & Lemonade 12:00 - Happy B-Day Mr. Griffin 1:30 -BINGO 3:00 -Lemonade 5:00 -Supper
20 8:00 -Sunday School 10:00 -First Baptist Church 12:00 -Lunch 2:00 -Church Service 5:00 -Supper	21 10:00 -Exercise w/ Marie 10:30 -Cookies & Lemonade 12:00 -Lunch 2:00 -BINGO w Prizes 3:00 -Lemonade 5:00 -Supper	22 wear PINK day 10:00 -Exercise w/ Marie 10:30 -Cookies & Lemonade 12:00 -Lunch 2:00 - Cancer Survivor Social 5:00 -Supper	23 8:00 - Ms. Vaughn 8:30 -Pretty Nails 10:00 -Exercise w/ Ansel 12:00 -Lunch 1:00 - Ms. Vaughn 1:30 -Pretty Nails 2:00 -TV Show 5:00 -Supper	24 10:00 -ART Class w/ Mrs. Nan 12:00 -Lunch 2:00 -Money BINGO \$\$\$ 3:00 -Lemonade 5:00 -Supper	25 9:00 - Fall Outing 10:30 -Cookies & Lemonade 12:00 -Lunch 2:00 -WORD Search 5:00 -Supper	26 9:30 -Exercise w/ Betty 10:30 -Cookies & Lemonade 12:00 -Lunch 1:30 -BINGO w/ Snacks 3:00 -Lemonade 5:00 -Supper
27 8:00 -Sunday School 10:00 -First Baptist Church 12:00 - Happy B-Day Mrs. Dot Martin 2:00 -Church Service 5:00 -Supper	28 10:00 -Exercise w/ Marie 10:30 -Cookies & Lemonade 12:00 -Lunch 2:00 -BINGO 3:00 -Sit & Chat 5:00 -Supper	29 10:00 -Exercise w/ Marie 10:30 -Cookies & Lemonade 12:00 -Lunch 2:00 -Show & Tell 5:00 -Supper	30 8:30 -Pretty Nails 10:00 -Exercise w/ Ansel 12:00 -Lunch 1:00 - Ms. Vaughn 1:30 -Pretty Nails 2:00 -TV Show 5:00 -Supper	31 10:00 - TRICK or TREATERS 10:45 -Cookies & Lemonade 12:00 -Lunch 2:00 -Money BINGO \$\$\$ 3:00 - Halloween Snacks 5:00 -Supper		
OCTOBER GEM: Opal OCTOBER FLOWER: the Marigold		 October				

BEDFORD SUITES

Memory Loss Care



Like us on
Facebook -
The Arrington

Activities subject to Change...
Please check activity board daily for up-dates!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 6 9:00 -Devotional 10:00 -First Baptist Service 10:30 -Newspaper & Coffee 11:30 -Lunch 2:00 -Church Service 3:00 -Soft Music/Refreshments 4:30 -Supper	- COLUMBUS DAY - It comes on the second Monday in October. Columbus Day honors Christopher Columbus' arrival in America on Oct. 12, 1492. 7 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 12:00 -The Price Is Right 3:00 -Soft Music/Refreshments 4:30 -Supper	1 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 1:30 -SPA Day 3:00 -Soft Music/Refreshments 4:30 -Supper	2 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Story Time 3:00 -Soft Music/Refreshments 4:30 -Supper	3 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Arts & Crafts 3:00 -Soft Music/Refreshments 4:30 -Supper	4 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Puzzle Time 3:00 -Soft Music/Refreshments 4:30 -Supper	5 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Movie w/ Popcorn 3:00 -Relaxation Time 4:30 -Supper
13 9:00 -Devotional 10:00 -First Baptist Service 10:30 -Newspaper & Coffee 11:30 -Lunch 2:00 -Church Service 3:00 -Soft Music/Refreshments 4:30 -Supper	14 Columbus Day 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -The Gold Fish Game 3:00 -Soft Music/Refreshments 4:30 -Supper	15 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 1:30 -SPA Day 3:00 -Soft Music/Refreshments 4:30 -Supper	16 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Story Time 3:00 -Soft Music/Refreshments 4:30 -Supper	17 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Arts & Crafts 3:00 -Soft Music/Refreshments 4:30 -Supper	18 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Puzzle Time 3:00 -Soft Music/Refreshments 4:30 -Supper	19 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Movie w/ Popcorn 3:00 -Relaxation Time 4:30 -Supper
20 9:00 -Devotional 10:00 -First Baptist Service 10:30 -Newspaper & Coffee 11:30 -Lunch 2:00 -Church Service 3:00 -Soft Music/Refreshments 4:30 -Supper	21 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -BINGO 3:00 -Soft Music/Refreshments 4:30 -Supper	22 wear PINK day 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 1:30 -SPA Day 3:00 -Soft Music/Refreshments 4:30 -Supper	23 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Story Time 3:00 -Soft Music/Refreshments 4:30 -Supper	24 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Arts & Crafts 3:00 -Soft Music/Refreshments 4:30 -Supper	25 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Puzzle Time 3:00 -Soft Music/Refreshments 4:30 -Supper	26 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Movie w/ Popcorn 3:00 -Relaxation Time 4:30 -Supper
27 9:00 -Devotional 10:00 -First Baptist Service 10:30 -Newspaper & Coffee 11:30 -Lunch 2:00 -Church Service 3:00 -Soft Music/Refreshments 4:30 -Supper	28 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Game Time 3:00 -Soft Music/Refreshments 4:30 -Supper	29 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 1:30 -SPA Day 3:00 -Soft Music/Refreshments 4:30 -Supper	30 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Story Time 3:00 -Soft Music/Refreshments 4:30 -Supper	31 9:00 -Devotional 10:00 -Exercise 11:30 -Lunch 2:00 -Arts & Crafts 3:00 -Soft Music/Refreshments 4:30 -Supper		
 October		 October				



Return Service Requested



The Good life

Newsletters by www.DouglasUSA.com



A great time was had by all during
National Assisted Living Week!!



DECADES of EXPERIENCE Employee Spotlight



Kim Williford
PPRC Campus Horticulturist.
Over 20 years Experience

"My personal favorite in gardening is having the freedom to showcase beautiful seasonal flowers on the PPRC Campus and mixing their color in the front porch planters."

